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## 3 Hour Glucola

You have been asked to do a 3 hour glucola. This test will be more conclusive to rule out gestational diabetes.

You should be fasting (nothing to eat or drink) after midnight the night before your appointment. You should allow 3 hours for this appointment. PLEASE DO NOT LEAVE OUR OFFICE until the nurse instructs you the test is completed. You cannot eat or drink anything until the test is completed.

You will be notified of your results within 48 hours if abnormal.

Thank you,

Physicians of Creekside Center for Women