



*Creekside*  
CENTER FOR WOMEN

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## **1 Hour Glucola**

A blood sugar screening is recommended at 24-28 weeks gestation. This test will determine the possibility of gestational diabetes.

You should be fasting (nothing to eat or drink) after midnight the night before you appointment. You should allow 1 hour for this appointment. **PLEASE DO NOT LEAVE OUR OFFICE** until the nurse instructs you the test is completed.

Thank you,

Physicians of Creekside Center for Women