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We are pleased you have selected Creekside Center for Women for your health care needs. Our goal is for you to receive excellent OB care and a rewarding experience.

Your first visit is spent with our trained staff. We will obtain your medical history information, perform lab work, as well as, provide you with the opportunity to receive information and answer questions about your pregnancy. At that time you will schedule an initial visit with your physician to discuss your history and perform an exam.

Below we have outlined our routine schedule of maintenance visits so that you will be aware of our policies.

2<sup>nd</sup> visit – (approximately 12 weeks) – Meet with the physician for exam, 1<sup>st</sup> fetal heart tones and discuss role of MSAFP.

- 16 Weeks Draw MSAFP if desired
- 20 Weeks Ultrasound, register for childbirth classes
- 24 Weeks Discuss signs and symptoms of pre-term labor
- 28 Weeks Blood glucose testing, Antibody screening and Rhogam if required
- 30 Weeks General labor and delivery
- 32 Weeks Discuss breastfeeding
- 34 Weeks Routine visit
- 36 Weeks Group B Strep Test
- 36 through 40 Weeks weekly cervical exams

These services will be provided by your physician or by our nurses. Should you have any questions please feel free to ask.